



Clinical Trial Details (PDF Generation Date :- Sat, 27 Nov 2021 21:41:29 GMT)

CTRI Number	CTRI/2017/01/007636 [Registered on: 06/01/2017] - Trial Registered Prospectively	
Last Modified On	16/11/2019	
Post Graduate Thesis	No	
Type of Trial	Observational	
Type of Study	Cross Sectional Study	
Study Design	Single Arm Trial	
Public Title of Study	Maternal Malnutrition and Lactation	
Scientific Title of Study	Maternal Malnutrition and Lactation Performance in India	
Secondary IDs if Any	Secondary ID	Identifier
	NIL	NIL
Details of Principal Investigator or overall Trial Coordinator (multi-center study)	Details of Principal Investigator	
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	Designation	Senior Scientist
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Source of Monetary or Material Support	Source of Monetary or Material Support			
	> National Institute of Health (NIH), BETHESDA MD 20817			
Primary Sponsor	Primary Sponsor Details			
Name	Centre for Health Research and Development Society for Applied Studies			
Address	45, Kalu Sarai, New Delhi – 110016, India			
Type of Sponsor	Research institution			
Details of Secondary Sponsor	Name	Address		
	NIL	NIL		
Countries of Recruitment	List of Countries			
	India			
Sites of Study	Name of Principal Investigator	Name of Site	Site Address	Phone/Fax/Email
	Dr Sunita Taneja	Centre for Health Research and Development, Society for Applied Studies	Village Jatola, District Palwal, Tatarpur Faridabad HARYANA	011-46043751-55 011-46043756 sunita.taneja@sas.org.in
Details of Ethics Committee	Name of Committee	Approval Status	Date of Approval	Is Independent Ethics Committee?
	Ethics review committee Centre of Health Research and Development Society of Applied Studies	Approved	23/11/2015	No
	Ethics review committee Centre of Health Research and Development Society of Applied Studies	Approved	04/01/2018	No
Regulatory Clearance Status from DCGI	Status	Date		
	Not Applicable	No Date Specified		
Health Condition / Problems Studied	Health Type	Condition		
	Healthy Human Volunteers	Healthy mothers with breast feeding infants		
Intervention / Comparator Agent	Type	Name	Details	
Inclusion Criteria	Inclusion Criteria			
	Age From	18.00 Year(s)		
	Age To	45.00 Year(s)		
	Gender	Both		
	Details	- Married - Non-smoking -Women18-45 years of age with currently breastfeeding infants aged 2-4 months 		
Exclusion Criteria	Exclusion Criteria			
	Details	- Participants not residing in study area for 2 weeks - Smoker - Non consent		
Method of Generating Random Sequence	Not Applicable			



Method of Concealment	Not Applicable	
Blinding/Masking	Not Applicable	
Primary Outcome	Outcome	Timepoints
	Lactation performance assessed by breastmilk volume body composition, Nutritional status of lactating mothers and infants, Breast milk macronutrient and micronutrient (percentage of fats, proteins, carbohydrates), Maternal micronutrient status. Immunological/inflammatory profiles of breast milk and its effect on infant, intestinal permeability.	At enrollment and on days 1,2,3,4,13 and 14
Secondary Outcome	Outcome	Timepoints
	Examine raw food, urine, breastmilk samples for mycotoxin & pesticide. Interviews & FGD with community & FLW.	At enrollment and day 14
Target Sample Size	Total Sample Size=232 Sample Size from India=232 Final Enrollment numbers achieved (Total)=232 Final Enrollment numbers achieved (India)=232	
Phase of Trial	N/A	
Date of First Enrollment (India)	01/02/2017	
Date of First Enrollment (Global)	No Date Specified	
Estimated Duration of Trial	Years=2 Months=0 Days=0	
Recruitment Status of Trial (Global)	Not Applicable	
Recruitment Status of Trial (India)	Completed	
Publication Details	-	
Brief Summary	<p>The study will be conducted in rural areas of Haryana. 232 lactating women, 18-45 years of age with breastfeeding infants aged 2 to 4 months will be enrolled over a period of a year. At enrollment information will be obtained on socio-demographic characteristics, breast feeding practices, maternal and infant morbidity. Mothers will be administered a single dose of deuterium oxide and the appearance and subsequent disappearance of deuterium in mothers and infants will be determined by serial salivary samples. Anthropometric measurements of infants and mothers will be taken at enrollment and 2 weeks later. Breast milk and blood samples will be taken at enrollment to ascertain the macro and micro nutrient status. Infant gut permeability will be assessed 2 weeks after enrollment.</p>	
	<p>Examine mycotoxin and pesticide exposure in the breast milk of mothers and mycotoxin exposure in infant urine in a sub sample. Also, estimate mycotoxin and pesticide exposure in food samples of rice, maize, groundnuts, chillies, sorgum/millet, seasonally available vegetables produce and milk samples (from retailer and wholesale vendors) commonly accessed by target communities.</p>	
	<p>In-depth interviews will be conducted (n=30) with already enrolled lactating women to comprehend characteristics of food systems, food safety and water, hygiene and sanitation access with respect to environmental exposures and dietary practices will be done. In-depth case studies (n = 15) and record GIS map for community and household food, wash access and practices will be done. Interviews with local shop owners (n =50) will be conducted for food safety practices, procurement, storage. Focus group discussions with community members (n = 10) to understand food systems affecting community members including potential routes of exposure to mycotoxins and pesticides, water, hygiene and sanitation access, use, practices and beliefs will be done.</p>	