Minutes of Ethics Committee Meeting

The meeting of Institutional Ethics Committee was held on 9.07.2010 at 4.30 pm in the Chamber of the Director, I.P.G.T. & R.A., Jamnagar.

The following member remained present.
1. Dr. J.S. Anand - Chairman
2. Prof. M.S. Baghel - Member
3. Dr. B. Ravishankar - Member
4. Shri. J.H. Mankodi - Member
5. Prof. R.R. Dwivedi - Member
6. Dr. M.A. Santvani - Member
7. Smt. Manishaben N. Khakhkhar - Member
8. Smt. Jayshreeben Makwana - Member
9. Dr. S.K. Gupta - Member
10. Dr. A.B. Thakar - Member / Secretary

In the beginning all the members were welcomed by the Chairman and then after the agenda items were taken for discussion as under.

Agenda Item No. 1 All the members unanimously confirmed the minutes of the last meeting of IEC held on 26.11.2009.

Agenda Item No. 2 Following M.D./M.S. (Ayu) project were taken for discussion and approval by the IEC. Most of the research works have been approved by the IEC and some of with suggestion are approved. Suggestions are noted against the title of thesees and will be communicated to the scholars.

M.D. / M.S. (Ayu)

Kayachikitsa Department

1. **Title:** A clinical study on Sandhigatavata (osteoarthritis) & its management with Dashamula Ghrīta and Nirgundi Taila.
   
   **Scholar:** Dr. Dhaval M. Dholakiya  
   **Guide:** Dr. H.M. Chandola

2. **Title:** A clinical study on Shukragata Vata w.r.t. to premature ejaculation and its management by Stambhankara yoga.
   
   **Scholar:** Dr. Prasad Kulkarni  
   **Guide:** Dr. H.M. Chandola
3. **Title:** A clinical study of Punarnava Guggulu and Simhanada Guggulu and Brihatassaindhavadi Taila in the management of Rheumatoid arthritis (Amavata).

   **Scholar:** Dr. Pravin S. Kharadi  
   **Guide:** Dr. Alankrutha R. Dave

4. **Title:** A clinical study of effect of Punarnavasav and Punarnavadyarishta in the management of Amlapitta.

   **Scholar:** Dr. Aboli B. Patil  
   **Guide:** Dr. Alankrutha R. Dave

**Roga Nidana & V.V. Department**

5. **Title:** Clinical Evaluation of the role of Bilvadi Leha in the management of Irritable Bowel syndrome.

   **Scholar:** Dr. Ramanand Tiwari  
   **Guide:** Dr. M.S. Baghel  
   **Co-guide:** Dr. D.H. Pandya

6. **Title:** Etiopathological study of Madhumeha w.r.t. to type-2 diabetes and clinical evaluation of the role of Saptavimshati Guggulu and Haridra Churna in its management.

   **Scholar:** Dr. Nirmal P. A lodaria  
   **Guide:** Dr. Darshna Pandya  
   **Co-guide:** Dr. M.S. Baghel

7. **Title:** Study on Aetiopathogenesis of Vibandha in geriatric persons and role of Vaishvanara Churna in its Samprapti Vigahan.

   **Scholar:** Dr. Inya Lingu  
   **Guide:** Dr. H.M. Chandola  
   **Co-guide:** Dr. D.B. Jadeja

**Stree Roga & Prasooti Tantra Department**

8. **Title:** A comparative study on the effect of Pandughni Vati & Dhatri Laahaa Vati in the management of Garbhini Pandu (Iron deficiency anaemia).

   **Scholar:** Dr. Amit V. Rupapara  
   **Guide:** Dr. Shilpa B. Donga  
   **Co-guide:** Dr. L.P. Dei

9. **Title:** A comparative study on Kalyanaka Kashara and Shigrvadi Churna in the management Garbhashayagata Arbuda (Uterine fibroid).

   **Scholar:** Dr. Rachana Gupta  
   **Guide:** Dr. L. P. Dei  
   **Co-guide:** Dr. Shilpa B. Donga, Dr Nalini Anand

10. **Title:** A comparative clinical study of Agnikarma with medicated Varti & Swarna Shalaka in the management of Garbhashaya Griva Mukhagata Vrana (cervical erosion).

    **Scholar:** Dr. Hemlata K. Chimate  
    **Guide:** Dr. L. P. Dei  
    **Co-guide:** Dr. Shilpa B. Donga, Dr. Nalini Anand
11. Title: Clinical evaluation of Ashokarishta, Ashwangandha churna and Pravala pishhti in the management of menopausal syndrome (Rajonivrittijanya Lakshana).

Scholar : Dr. Mansi B. Modi
Guide: Dr. Shilpa B. Donga
Co-guide Dr. L.P. Dei

12. Title: A further study of Vandhyatva w.s.r. to tubal blockage and its management with Uttar basti of Yava-kshara taila & Kumari Taila.

Scholar : Dr. Neha Mangain
Guide: Dr. L.P. Dei
Co-guide: Dr. Shilpa B. Donga, Dr. Nita Sata

13. Title: A further study of Kashtartava (dysmenorrhea) and it's management with Dashamoola Taila Matra Basti and Tila Taila Matra Basti.

Scholar : Dr. Amit Tanna.
Guide: Dr. L.P. Dei
Co-guide: Dr. Shilpa B. Donga.

**Rasa Shastra & Bhaishjya Kalpana Department**

14. Title: The effect of two different dosage forms of Guduchi i.e. Satva and Ghana w.s.r. anti hyperglycaemic effect on Madhumeha (diabetes mellitus).

Scholar : Dr. Rohit Sharma
Guide: Dr. P.K. Prajapati
Co-guide: Dr. B. Ravishankar, Dr. V.J. Shukla

15. Title: Pharmaceutical standardization of Kukkananda Tvak Bhasma prepared by two different methods and its effect on Asthikshaya (osteoporosis).

Scholar : Dr. Krishna Fanasiya
Guide: Dr. B.J. Patgiri
Co-guide: Dr. P.K. Prajapati, Dr. Shilpa B. Donga, Dr. V.J. Shukla

16. Title: Pharmaceutical standardisation of Amalaki Rasayana w.s.r. to its Rasayana effect.

Scholar : Dr. Jignesh R. Rajani
Guide: Dr. Galib
Co-guide: Dr. P.K. Prajapati, Dr. B. Ravishankar, Dr. V.J. Shukla

**Shalakya Department**

17. Title: Study on ARMD (Dry type) in context to Pitta Vaidagdha Drishti and its Ayurvedic management.

Scholar : Dr. Rajendra Kumar Soni
Guide: Dr. K.S. Dhiman
Co-guide: Dr. Manjusha R., Dr. Amit Mehta

Ethics committee suggested that in the control group doses an duration of Multivitamin and antioxidants should be specified with its brand name.
18. **Title:** Clinical evaluation of Maha Triphaladlya Ghrita in the management of Shushkashipaka vis-à-vis Dry eye syndrome.

Scholar: Dr. Rajesh L. Gadhiya  
Guide: Dr. K.S. Dhiman  
Co-guide: Dr. Manjusha R., Dr. Piyush Mataliya

19. **Title:** Clinical evaluation of Maha Triphaladlya Ghrita in the management of Allergic Conjunctivitis.

Scholar: Dr. Sadhana Parajuli  
Guide: Dr. Manjusha Rajagopala  
Co-guide: Dr. K.S. Dhiman, Dr. Piyush D. Matalia

20. **Title:** Clinical evaluation of an Ayurvedic formulation-Triphaladi Gandoosha for its Krimidanta Pratishedha (anti-caries) activity in high risk Dental Caries patients.

Scholar: Dr. Achyuta G. Atara  
Guide: Dr. Manjusha Rajagopala  
Co-guide: Dr. V. J. Shukla, Dr. D.B. Vaghela, Dr. Brijesh Ruparelia

21. **Title:** Role of Bilva Taila Karnapoorana with & without Asvagandhadya Ghrita in the management of Karn Nada & Karma Kashveda (tinnitus).

Scholar: Dr. Hiral Brahmbhatt  
Guide: Dr. D. B. Vaghela  
Co-guide: Dr. K.S. Dhiman

**Shalya Department**

22. **Title:** Evaluation Lakshadi plaster & Lakshadi Guggulu in the management of simple fracture.

Scholar: Dr. Kaushik B. Vyas  
Guide: Dr. Chaturbhuj Bhuyan  
Co-guide: Dr. Vijay Suta, Dr. S.K. Gupta, Dr. T.S. Dudhamal

**Ethics committee suggested that in the Exclusion criteria pathological fractures should be included.**

23. **Title:** The comparative study of Kshara sutra ligation and lord's anal dilatation in the management of Arsha.

Scholar: Dr. Anil Verma  
Guide: Dr. Chaturbhuj Bhuyan  
Co-guide: Dr. Dhaval Makkad, Dr. S.K. Gupta, Dr. T.S. Dudhamal

24. **Title:** Evaluatrition of Pre-Anaesthetic effect of Tagara & Jatamasi Arkha.

Scholar: Dr. Ranjana Arya  
Guide: Dr. S.K. Gupta  
Co-guide: Dr. C. Bhuyan, Dr. J.P. Mehta
25. **Title:** Role of Agnikarma in Sandhisgata Vata.  
**Scholar:** Dr. Nilesh Jethava  
**Guide:** Dr. T.S. Dudhamal  
**Co-guide:** Dr. C. Bhuayan, Dr. S.K. Gupta  

**Basic Principles Department**

26. **Title:** An applied study of Samavava as Karana/Padartha in Ayurveda Chikitsa & Darshana.  
**Scholar:** Dr. Anil D. Avhad  
**Guide:** Dr. R.R. Dwivedi  

27. **Title:** A critical study of Hitahitiya Adhyaya of Susruta Samhita w.s.r. to Viruddha Ahara [an experimental & survey study].  
**Scholar:** Dr. Asmita A. Vaidya  
**Guide:** Dr. Mahesh K. Vyas  
**Co-guide:** Dr. A.S. Baghel, Dr. B. Ravishankar  

28. **Title:** A critical study of "Annapana Chatushkk' w.s.r. to "Atimatraashanam Amapradosha Hetumami".  
**Scholar:** Dr. Khushbu Gupta  
**Guide:** Dr. Mahesh K. Vyas  
**Co-guide:** Dr. Hitesh Vyas  

29. **Title:** A critical study of "Vyadhii Samuddeshiya Adhyay" of Susruta Samhita w.s.r. to Rasapradoshaja Vikara (Panduroga).  
**Scholar:** Dr. Niraj F. Mandod  
**Guide:** Dr. A. S. Baghel  
**Co-guide:** Dr. M.K. Vyas  

30. **Title:** Philosophical and applied Ayurvedic aspects of Manas w.s.r. to Smriti.  
**Scholar:** Hetal D. Amin  
**Guide:** Dr. Hitesh A. Vyas  
**Co-guide:** Dr. M.K. Vyas  

**Kaumarbhritiya Department**

31. **Title:** A study on 'Chaturbhadr Kalpa Basti' and 'Yoga Basti' in the management of spastic cerebral palsy.  
**Scholar:** Dr. Sagar M. Bhinde  
**Guide:** Dr. K.S. Patel  
**Co-guide:** Dr. V.K. Kori, Dr. Rajagopala S.  

32. **Title:** A pharmaco-clinical study on Kasara and Vyadhikshamata in children with Kasahara Dashemani Vati.  
**Scholar:** Dr. Nayan Kumar S.  
**Guide:** Dr. K. S. Patel  
**Co-guide:** Dr. V.K. Kori, Dr. Rajagopala S., Dr. B. Ravishankar
33. **Title**: A double blind study for improving I.Q. of school going children with Guduchi.
   Scholar: Dr. Kirri K. Rathod
   Guide: Dr. V. K. Kori
   Co-guide: Dr. K.S. Patel, Dr. Rajagopala S., Dr. Arun Khatri

34. **Title**: A study of Krimi (Intestinal worm infestations) in children & it’s Management with Krimighna Kashaya Vati.
   Scholar: Dr. Rakesh Kumar Singh
   Guide: Dr. Rajagopala S.
   Co-guide: Dr. K.S. Patel, Dr. V.K. Kori

---

**Panchakarma Department**

35. **Title**: A comparative study of Matra Basti and Brimhana Snehana by Asthishrinkhala Ghrita in the management of Asthi-majja Kshaya w.s.r. to osteopenia/osteoporosis.
   Scholar: Dr. Saurabh R. Bhuva
   Guide: Dr. Santoshkumar Bhatted
   Co-guide: Dr. Anup Thakar

36. **Title**: A effect of Vamanottar-Virechana Karma followed by Vardhaman Pippali Rasayana in the management of hypothyroidism.
   Scholar: Dr. Mali Anjali J.
   Guide: Dr. Santoshkumar Bhatted
   Co-guide: Dr. Anup B. Thakar, Dr. Manish Mehta.

37. **Title**: A comparative study of Vrishya Basti & Kulinga (blepharis edulis) after VirechanA Karma in the management of Kshina Shukra w.s.r. to oligozoospermia.
   Scholar: Dr. Nikunj J. Mewada
   Guide: Dr. Anup Thakar
   Co-guide: Dr. Santoshkumar Bhatted

38. **Title**: A forwarding clinical study on standardization of Vamana Karma w.s.r. to Antiki, Vaigiki, Maniki & Laingiki criteria.
   Scholar: Dr. Neetu Jain
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. V.J. Shukla

39. **Title**: A role of Matra Basti as a radio-protective & chemo-protective adjuvant in the management of cancer.
   Scholar: Dr. Siddharthkumar J. More
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. S.Bhatted

40. **Title**: Clinical evaluation of Vyoshadi Gugglu and Haritaki Churna in the management of Dyslipidaemia.
   Scholar: Dr. Hemang U. Raghavani
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. S.Bhatted
Dravyaguna Department

41. **Title:** A phyto-pharmacological study on certain Kashaya Rasa predominant plants w.s.r. to their Aiyoga.
   
   **Scholar:** Dr. Rasika H. Kolhe  
   **Guide:** Dr. R. N. Acharya  
   **Co-guide:** Dr. B. Ravishankar  
   Dr. V. J. Shukla.

42. **Title:** A comparative pharmacognostical, Physicochemical and pharmacological study of Moola and Panchanga of Kantakari (solenum xanthocarpum.schrad & wendl) w.s.r. to its Kasa-hara Karma.
   
   **Scholar:** Mansukh S. Parmar  
   **Guide:** Vd. B. R. Patel  
   **Co-guide:** Dr. B. Ravishankar  
   Dr. V.J.Shukla

43. **Title:** A comparative pharmacognostical and phyto pharmacological assessment of Moola, Panchanga of Laghu Gokshura (tribulus terrestris linn.) and Brihat Gokshura (pedalium murex linn) w.s.r. to its Kasahara Karma.
   
   **Scholar:** Chandrika N. Methkar.  
   **Guide:** Vd. B. R. Patel  
   **Co-guide:** Dr. B. Ravishankar  
   Dr. V.J.Shukla.

Ph.D. (Ayu)

1. **Title:** Epidemiological study of ageing in the present day society.
   
   **Scholar:** Dr. Darshna H. Pandya.  
   **Guide:** Prof. M.S. Baghel

2. **Title:** A comparative study on the efficacy of Abhayanga Purvaka Upanaha Sweda and yoga in the management of Sandhivata w.s.r. to osteoarthritis.
   
   **Scholar:** Dr. Jalpa H. Gohil  
   **Guide:** Dr. A.B. Thakar  
   **Co-guide:** Dr. Arpan A. Bhatt

**Agenda Item No. 3** A project on ‘Standardization of and clinical evaluation of Keshanjana-an Ayurvedic formulation in Shushkakshipaka (Dry eye syndrome)’ was submitted for ethical clearance for human trial from Shalakya Department. Prof. K.S. Dhiman is working as a Chief investigator.

Ethics committee approved the project.

**Agenda Item No. 4** Following two projects were submitted by Advanced centre for Yoga education and research, Shri Gulab kunvarba Ayurved Mahavidhyalaya for Ethical clearance.

(1) The role of Yoga therapy in the management of Janu Sandhivata (osteoarthritis of knee) in geriatric care.

(2) The role of Yoga therapy in the management of Bronchial Asthma (Tamaka shwasa).
Dr. A.A. Bhatt, Head, Department of Swasthavritta, Shri Gulabkunvarba Ayurved Mahavidyalaya is working as a Chief-investigator.

Ethics committee approved the project.

Later on the meeting ended with vote of thanks to the chair.

To,
All the members of the IEC

Copy to:
1) All the Teaching Head of Department, I.P.G.T. & R.A.