Minutes of Ethics Committee Meeting

The meeting of Institutional Ethics Committee was held on 9.07.2010 at 4.30 pm in the Chamber of the Director, I.P.G.T. & B.A., Jamnagar.

The following member remained present.
1. Dr. J.S. Anand - Chairman
2. Prof. M.S. Baghel - Member
3. Dr. B. Ravishankar - Member
4. Shri. J.H. Mankodi - Member
5. Prof. R.R. Dwivedi - Member
6. Dr. M.A. Santvani - Member
7. Smt. Manishaben N. Khakhkhar - Member
8. Smt. Jayshreeben Makwana - Member
9. Dr. S.K. Gupta - Member
10. Dr. A.B. Thakar - Member / Secretary

In the beginning all he members were welcomed by the Chairman and then after the agenda items were taken for discussion as under.

Agenda Item No. 1 All the members unanimously confirmed the minutes of the last meeting of IEC held on 26.11.2009.

Agenda Item No. 2 Following M.D./M.S. (Ayu) project were taken for discussion and approval by the IEC. Most of the research works have been approved by the IEC and some of with suggestion are approved. Suggestions are noted against the title of theses and will be communicated to the scholars.

M.D. / M.S. (Ayu)

Kayachikitsa Department

1. Title: A clinical study on Sandhigatavata (osteoarthritis) & its management with Dashamula Ghrita and Nirgundi Taila.
   
   Scholar : Dr. Dhaval M. Dholakiya  
   Guide: Dr. H.M. Chandola

2. Title: A clinical study on Shukraagata Vata w.r.t premature ejaculation and its management by Stambhankara yoga.
   
   Scholar : Dr. Prasad Kulkarni  
   Guide: Dr. H.M. Chandola
3. Title: A clinical study of Punarnava Guggulu and Simhanada Guggulu and Brihatasaindhavadi Taila in the management of Rheumatoid arthritis (Aravata).
Scholar: Dr. Pravin S. Kharadi  Guide: Dr. Alankruta R. Dave

4. Title: A clinical study of effect of Punarnavasav and Punarnavadyarishta in the management of Amlapitta.
Scholar: Dr. Aboli B. Patil  Guide: Dr. Alankruta R. Dave

Roga Nidana & V.V. Department

5. Title: Clinical Evaluation of the role of Bilvadi Leha in the management of Irritable Bowel syndrome.
Scholar: Dr. Ramanand Tiwari  Guide: Dr. M.S. Baghel
Co-guide: Dr. D.H. Pandya

6. Title: Etiopathological study of Madhumeha w.r.t. to type-2 diabetes and clinical evaluation of the role of Saptavimshati Guggulu and Haridra Churna in its management.
Scholar: Dr. Nirmal P. Alodaria  Guide: Dr. Darshna Pandya
Co-guide: Dr. M.S. Baghel

7. Title: Study on Aetiopathogenesis of Vibhanda in geriatric persons and role of Vaishvanara Churna in its Samprapti Vighatan.
Scholar: Dr. Inya Linga  Guide: Dr. H.M. Chandola
Co-guide: Dr. D.B. Jadeja

Stree Roga & Prasooti Tantra Department

Scholar: Dr. Amit V. Rupapara  Guide: Dr. Shilpa B. Donga
Co-guide: Dr. L.P. Dei

9. Title: A comparative study on Kalyanaka Kashara and Shigrvadi Churna in the management Garbhashayagata Arbuda (Uterine fibroid).
Scholar: Dr. Rachana Gupta  Guide: Dr. L. P. Dei
Co-guide: Dr. Shilpa B. Donga, Dr Nalini Anand

Scholar: Dr. Hemlata K. Chimate  Guide: Dr. L. P. Dei
Co-guide Dr. Shilpa B. Donga, Dr. Nalini Anand
11. **Title:** Clinical evaluation of Ashokarishtha, Ashwagandha churna and Pravala pishti in the management of menopausal syndrome (Rajonivrithijanya Lakshana).

   **Scholar:** Dr. Mansi B. Modi  
   **Guide:** Dr. Shilpa B. Donga  
   **Co-guide:** Dr. L. P. Dei

12. **Title:** A further study of Vandhyatav w.s.r. to tubal blockage and its management with Uttar basti of Yava-kshara taila & Kumari Taila.

   **Scholar:** Dr. Neha Mamgain  
   **Guide:** Dr. L. P. Dei  
   **Co-guide:** Dr. Shilpa B. Donga, Dr. Nita Sata

13. **Title:** A further study of Kashtartava (dysmenorrhoea) and its management with Dasamool Taila Matra Basti and Tila Taila Matra Basti.

   **Scholar:** Dr. Amit Tamnani  
   **Guide:** Dr. L. P. Dei  
   **Co-guide:** Dr. Shilpa B. Donga.

**Rasa Shastra & Bhaishjya Kalpana Department**

14. **Title:** The effect of two different dosage forms of Guduchi i.e. Satva and Ghana w.s.r. anti hyperglycaemic effect on Madhumeha (diabetes mellitus).

   **Scholar:** Dr. Rohit Sharma  
   **Guide:** Dr. P.K. Prajapati  
   **Co-guide:** Dr. B. Ravishankar, Dr. V.J. Shukla

15. **Title:** Pharmaceutical standardization of Kukkutanda Tvak Bhasma prepared by two different methods and its effect on Asthikshaya (osteoporosis).

   **Scholar:** Dr. Krishna Fanasiya  
   **Guide:** Dr. B.J. Patgiri  
   **Co-guide:** Dr. P.K. Prajapati, Dr. Shilpa B. Donga, Dr. V.J. Shukla

16. **Title:** Pharmaceutical standardisation of Amalaki Rasayana w.s.r. to its Rasayana effect.

   **Scholar:** Dr. Jignesh R. Rajani  
   **Guide:** Dr. Galib  
   **Co-guide:** Dr. P.K. Prajapati, Dr. B. Ravishankar, Dr. V.J. Shukla

**Shalakya Department**

17. **Title:** Study on ARMD (Dry type) in context to Pitta Vidagdha Drishti and its Ayurvedic management.

   **Scholar:** Dr. Rajendra Kumar Soni  
   **Guide:** Dr. K.S. Dhimen  
   **Co-guide:** Dr. Manjusha R., Dr. Amit Mehta

Ethics committee suggested that in the control group doses an duration of Multivitamin and antioxidants should be specified with its brand name.
18. **Title:** Clinical evaluation of Maha Triphaladya Ghrita in the management of Shushkashipaka vis-à-vis Dry eye syndrome.

   **Scholar:** Dr. Rajesh L. Gadhiya  
   **Guide:** Dr. K.S. Dharman  
   **Co-guide:** Dr. Manjusha R., Dr. Piyush Mataliya

19. **Title:** Clinical evaluation of Maha Triphaladya Ghrita in the management of Allergic Conjunctivitis.

   **Scholar:** Dr. Sadhana Paranjuli  
   **Guide:** Dr. Manjusha Rajagopala  
   **Co-guide:** Dr. K.S. Dharman, Dr. Piyush D. Mataliya

20. **Title:** Clinical evaluation of an Ayurvedic formulation-Triphaladi Gandoosha for its Krimidanta Pratishedha (anti-caries) activity in high risk Dental Caries patients.

   **Scholar:** Dr. Aehyuta G. Atara  
   **Guide:** Dr. Manjusha Rajagopala  
   **Co-guide:** Dr. V. J. Shukla, Dr. D.B. Vaghela, Dr. Brijesh Ruparelia

21. **Title:** Role of Bilva Taila Karnapoorana with & without Avagandhadya Ghrita in the management of Karna Nada & Karma Kashweda (tinnitus).

   **Scholar:** Dr. Hiral Brahmbhatt  
   **Guide:** Dr. D. B. Vaghela  
   **Co-guide:** Dr. K.S. Dharman,

**Shalya Department**

22. **Title:** Evaluation Lakshadi plaster & Lakshadi Guggulu in the management of simple fracture.

   **Scholar:** Dr. Kaushik B. Vyas  
   **Guide:** Dr. Chaturbhuj Bhuyan  
   **Co-guide:** Dr. Vijay Sata, Dr. S.K. Gupta, Dr. T.S. Dhadhamal

**Ethics committee suggested that in the Exclusion criteria pathological fractures should be included.**

23. **Title:** The comparative study of Kashara sutra ligation and lord's anal dilatation in the management of Arsha.

   **Scholar:** Dr. Anil Verma  
   **Guide:** Dr. Chaturbhuj Bhuyan  
   **Co-guide:** Dr. Dhaval Makkad, Dr. S.K. Gupta, Dr. T.S. Dhadhamal

24. **Title:** Evaluation of Pre-Anaesthetic effect of Tagara & Jatamasi Arka.

   **Scholar:** Dr. Ranjana Arya  
   **Guide:** Dr. S.K. Gupta  
   **Co-guide:** Dr. C. Bhuyan, Dr. J.P. Mehta
25. **Title:** Role of Agnikarma in Sandhigata Vata  
   **Scholar:** Dr. Nilesh Jethava  
   **Guide:** Dr. T.S. Dadhamal  
   **Co-guide:** Dr. C. Bhuyan, Dr. S.K. Gupta  

**Basic Principles Department**

26. **Title:** An applied study of Samavaya as Karana/Padartha in Ayurveda Chiktisa & Darshana  
   **Scholar:** Dr. Anil D. Avhad  
   **Guide:** Dr. R.R. Dwivedi  

27. **Title:** A critical study of Hitahitiya Adhyaya of Susruta Samhita w.r.t. Vinuddha Ahara [an experimental & survey study]  
   **Scholar:** Dr. Asmita A. Vaidya  
   **Guide:** Dr. Mahesh K. Vyas  
   **Co-guide:** Dr. A.S. Baghel, Dr. B. Ravishankar  

28. **Title:** A critical study of "Annapana Chatushka" w.r.t. to "Atimatraashanam Anapradosha Hetunam".  
   **Scholar:** Dr. Khushbu Gupta  
   **Guide:** Dr. Mahesh K. Vyas  
   **Co-guide:** Dr. Hitesh Vyas  

29. **Title:** A critical study of "Vyadhi Samuddeshiya Adhyay" of Susruta Samhita w.r.t. to Rasapradoshajya Vikara (Penduroga).  
   **Scholar:** Dr. Niraj F. Mandod  
   **Guide:** Dr. A.S. Baghel  
   **Co-guide:** Dr. M.K. Vyas  

30. **Title:** Philosophical and applied Ayurvedic aspects of Manas w.r.t. to Smriti.  
    **Scholar:** Hetal D. Amin  
    **Guide:** Dr. Hitesh A. Vyas  
    **Co-guide:** Dr. M.K. Vyas  

**Kaumarbhritiya Department**

31. **Title:** A study on 'Chaturbhadra Kalpa Basti' and 'Yoga Basti' in the management of spastic cerebral palsy.  
    **Scholar:** Dr. Sagar M. Bhinde  
    **Guide:** Dr. K.S. Patel  
    **Co-guide:** Dr. V.K. Kori, Dr. Rajagopala S.  

32. **Title:** A pharmacoc- clinical study on Kasara and VyadhiKshamatra in children with Kasahara Dashemard Vati.  
    **Scholar:** Dr. Nayan Kumar S.  
    **Guide:** Dr. K.S. Patel  
    **Co-guide:** Dr. V.K. Kori, Dr. Rajagopala S., Dr. B. Ravishankar
33. Title: A double blind study for improving I.Q. of school going children with Guduchi.
   Scholar: Dr. Kirit K. Rathod
   Guide: Dr. V. K. Kori
   Co-guide: Dr. K.S. Patel
   Dr. Rajagopala S., Dr. Arun Khatri

34. Title: A study of Krimi (Intestinal worm infestations) in children & its Management with Krimighna Kashaya Vati.
   Scholar: Dr. Rakesh Kumar Singh
   Guide: Dr. Rajagopala S.
   Co-guide: Dr. K.S. Patel, Dr. V.K. Kori

Panchakarma Department

35. Title: A comparative study of Matra Basti and Brimhuna Snehana by Ashishrinkhala Ghrita in the management of Ashi-majja Kshaya w.r.t. to osteopenia/osteoporosis.
   Scholar: Dr. Saurabh R. Bhuva
   Guide: Dr. Santoshkumar Bhatted
   Co-guide: Dr. Anup Thakar

36. Title: A effect of Vamanottar-Virechana Karma followed by Vardhaman Pippali Rasayana in the management of hypothyroidism.
   Scholar: Dr. Mali Anjali J.
   Guide: Dr. Santoshkumar Bhatted
   Co-guide: Dr. Anup B. Thakar,
   Dr. Manish Mehta.

37. Title: A comparative study of Vrishya Basti & Kulinga (blepharis edulis) after Virechana Karma in the management of Kshina Shukra w.r.t. to oligozoospermia.
   Scholar: Dr. Nikunj J. Mewada
   Guide: Dr. Anup Thakar
   Co-guide: Dr. Santoshkumar Bhatted

38. Title: A forwarding clinical study on standardization of Vaman Karma w.r.t. to Antikti, Vaigiki, Maniki & Laingiki criteria.
   Scholar: Dr. Neetu Jain
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. V.J. Shukla

39. Title: A role of Matra Basti as a radio-protective & chemo-protective adjuvant in the management of cancer.
   Scholar: Dr. Siddharthkumar J. More
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. S.Bhatted

40. Title: Clinical evaluation of Vyoshadi Gugglu and Haritaki Churna in the management of Dyslipidaemia.
   Scholar: Dr. Hemang U. Raghavani
   Guide: Dr. Anup B. Thakar
   Co-guide: Dr. S.Bhatted
Dravyaguna Department

41. **Title:** A phyto-pharmacological study on certain Kashaya Rasa predominant plants w.r.t. to their Atyyoga.

   **Scholar:** Dr. Rasika H. Kolhe  
   **Guide:** Dr. R. N. Acharya  
   **Co-guide:** Dr. B. Ravishankar  
   **Dr. V. J. Shukla.**

42. **Title:** A comparative pharmacognostical, Physicochemical and pharmacological study of Moola and Panchanga of Kantakari (solenum xanthocarpum schrad & wendl) w.r.t. to its Kasara Karma.

   **Scholar:** Mansukh S. Parmar  
   **Guide:** Vd. B. R. Patel  
   **Co-guide:** Dr. B. Ravishankar  
   **Dr. V. J. Shukla**

43. **Title:** A comparative pharmacognostical and phyto pharmacological assessment of Moola, Panchanga of Laghu Gokshura (tribulus terrestris linn.) and Brihat Gokshura (pedalium murex linn) w.r.t. to its Kasara Karma.

   **Scholar:** Chandrika N. Mehekari  
   **Guide:** Vd. B. R. Patel  
   **Co-guide:** Dr. B. Ravishankar  
   **Dr. V. J. Shukla**

**Ph.D. (Ayu)**

1. **Title:** Epidemiological study of ageing in the present day society.

   **Scholar:** Dr. Darshana H. Pandya  
   **Guide:** Prof. M.S. Baghel

2. **Title:** A comparative study on the efficacy of Abhayanga Purvaka Upanaha Sweda and yoga in the management of Sandhivata w.r.t. to osteoarthritis.

   **Scholar:** Dr. Jalpa H. Gohil  
   **Guide:** Dr. A.B. Thakar  
   **Co-guide:** Dr. Arpan A. Bhatt

**Agenda Item No. 3** A project on ‘Standardization of and clinical evaluation of Keshanjanaan Ayurvedic formulation in Shushkakshipaka (Dry eye syndrome)’ was submitted for ethical clearance for human trial from Shalakya Department. Prof. K.S. Dhiman is working as a Chief-investigator.

Ethics committee approved the project.

**Agenda Item No. 4** Following two projects were submitted by Advanced centre for Yoga education and research, Shri Gulabkunvarba Ayurved Mahavidyalaya for Ethical clearance.

1. The role of Yoga therapy in the management of Janu Sandhivata (osteoarthritis of knee) in geriatric care.

2. The role of Yoga therapy in the management of Bronchial Asthma (Tamaka shwasa).
Dr. A.A. Bhatt, Head, Department of Swasthavritta, Shri Gulabkunwarbā Ayurved Mahavidyalaya is working as a Chief-investigator.

Ethics committee approved the project.

Later on the meeting ended with vote of thanks to the chair.

[Signature]
Prof. Dr. J.S. Anand
Chairman IEC
Ex. Dean M.P. Shah Medical College
Jamnagar

To,
All the members of the IEC

Copy to:
1) All the Teaching Head of Department, I.P.G.T. & R.A.